

Bill Berry Award— Featured News

CHRISTOPHER VAN TILBURG, MD

Christopher Van Tilburg, MD is an emergency room physician, ski patrol doctor, emergency wilderness physician, and member of the Hood River Crag Rats, the oldest mountain rescue team in the country. When Dr. Van Tilburg's beeper goes off, the call may take him racing up a mountain peak to rescue an injured hiker, into a blizzard to search for missing skiers, or to a mountain airplane crash scene for body recovery.

Dr. Van Tilburg's work requires a unique combination of emergency medicine, survival skills, agility, and extreme sports. In *Mountain Rescue Doctor*, Van Tilburg shares personal stories of harrowing and suspenseful rescues and recoveries, including the recent Mount Hood disaster, which claimed the lives of three climbers. *Mountain Rescue Doctor* is an exhilarating tour through the perils of nature and medicine.

Christopher specializes in wilderness, adventure travel, and outdoor recreation medicine. He works as an author, expert witness, public speaker, editor, and practicing physician in mountain, occupational and emergency medicine.

Wilderness medicine specialist and author of 8 books, including *The Adrenalin Junkie's Bucket List: 100 Extreme Outdoor Adventures to Do Before You Die* (2014) and *Mountain Rescue Doctor* (2008).

Christopher is contributing Editor to Columbia Gorge Magazine and Editor-In-Chief of NewsShare and Communications for International Society of Travel Medicine.

He lives in Hood River, OR.

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